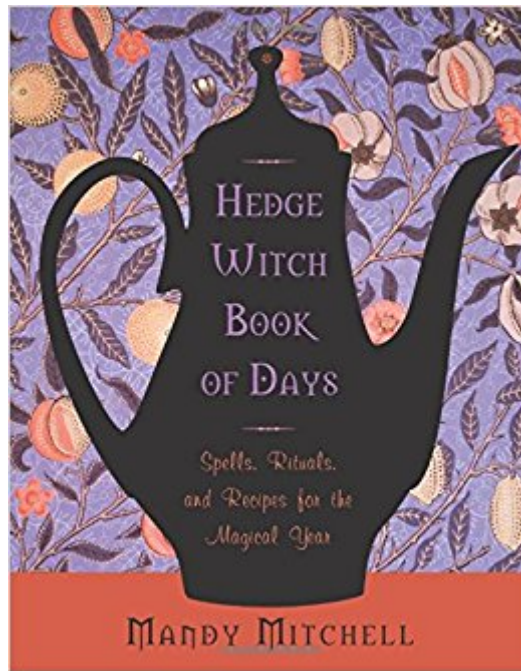


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# Hedgewitch Book Of Days: Spells, Rituals, And Recipes For The Magical Year



## Synopsis

Recipes, Spells, and Wisdom from the Hedgerow  
Once upon a time the witch held a place of esteem in the village; her knowledge of local plants and wayside herbs were used to heal; her wisdom and empathy made her the village matchmaker and marriage counselor; and her ability to commune with nature and animals gave her a place of revelry and wisdom. She was the Hedgewitch. Aimed at the busy witch, who is both breadmaker and breadwinner, this book revives the spirit of the Hedgewitch and teaches you how to make every day one full of wisdom, healing, and magic. For the practicing or would-be witch whose life is more jeans, chaos, and the never-ending question of what's for dinner than it is black robes, cauldrons, and incantations, Mandy Mitchell has a recipe for you!"I want to demonstrate how daily chores can become magical rituals with the potential to enrich and transform your life--everything from the way we form relationships with our families and friends to cooking, cleaning, and healing." --from the introduction  
Journey through the wheel of the year with one eye on the kettle and the other on the magical!

## Book Information

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## Customer Reviews

This book spans the seasons and is rich with information on how to get the most from everyday. With correspondences and references to recipes and practical magic, this book is a boon for all those who practice a more traditional life. What seems mundane can often be a ritual. Every stitch in a sampler a spell...every ingredient in a weeknight dinner a way to say I love you...everything has meaning and Mandy Mitchell does a great job of showing you how to look at your world just a little

bit differently.

I absolutely LOVE this book! It's full of wonderful, every day information about the Olde Ways, delicious recipes, and some humor thrown in for good measure! Love Mandy's writing style and the useful information. This is the perfect book for someone who is starting out on a nature path and needs some guidance, or for someone who just needs a fresh perspective on life! It's all included in each carefully written page. Job well done, Mandy! Please write more books like this!

I really enjoy the 'coffee at the kitchen table' sort of chat that Mandy Mitchell has with her reader. This is truly a book of shared knowledge in the manner that the Craft has been passed from generation to generation.

Insightful yet broad minded...Great recipes for both the kitchen and life! This is a reference book for naturalist. You will refer to it for guidance, explanation and just plain fun. A MUST read for anyone who feels a bond with the more natural ways of the past!

With the curious and questioning seeker in mind, Mandy has performed alchemy and presents the Goddess's love in a hand-woven hand-basket! So many books on wicca, paganism, druidry, etc. yet few accomplish giving that vital nectar to the hungry infant, eager and willing. Despite the confusion that floats about in the occult realm, this book will serve to house, comfort, and nourish all who wander the ancient paths. Mandy is like the great Mother, whose body sits blanketed in rags on a cold and empty sidewalk; overlooked, beaten, broken and worn down by countless cruelties. She minds her own while so many pass by un-aware, until of course the compassionate heart looks and sees, and is moved by what she sees, and they lean in to with helping kindness. So is this book. Now that you've leaned in with compassion toward the Divine Goddess (perhaps unknowingly), she will turn to see you. You will see the world as she does, and never be the same. For it is a beauty and a journey to partake in your inheritance. Blessed Be!

A fantastic and fun read . Very enlightening for beginners and old hands . Mrs Mitchells handbook takes us through the year with a smile and a hot cup of tea . She makes you feel like part of her family .

Mandy brings what can seem intimidating or overwhelming to anyone and everyone who seeks

inner peace and balance in their lives. Her words are kind and heart warming. Filled with fun and useful ideas for all generations. I love this book and will pass it on to my daughters.

This darling book was enchanting and darling and wonderful. As the U.K. is one of my favorite places in the world, I can envision living as Mandy does...First saw the book at a friend's home and had to have it. It's so 'English' and hedgerows in England are some of my favorites things. It's full of faerie wisdom and sensibility and helpful hints and 'brews' and suggestions to make our lives most enjoyable. This book stays out and available all the time. It was lovely to read, and I've already begun some very important changes in my life and home. Thank you!

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